

Supported by the Holy Spirit

Kids try to keep a balloon from touching the floor as they remember, "God's Spirit is with me, no matter what."

Supplies:

- Balloons, one per 2–4 kids
- Beach towels, one per 2–4 kids

Set Up:

Blow up the balloons.

Instructions:

Jesus promised the disciples that God's Spirit would be with them, helping them and supporting them, no matter what.

God's Spirit is always with us, too! It keeps us from falling away from God or forgetting how much God loves us.

Use balloons to help remember that God's Spirit is always with us and will never let us fall.

1. Divide into groups of 2–4 people. Give each group a beach towel.

Pretend the towels are the Holy Spirit. Pretend that the balloons are people like you and me!

2. Give a balloon to each group. **God's Spirit [our towels] can keep the balloons [God's people] from falling to the ground, but we'll have to work together to make that happen. See how long we can keep our balloons up, up, up in the air.**

What a fun game! God's Spirit is with me, no matter what! God's spirit is with you, too!

If you have less time . . .

Invite the kids to stand in a circle with you to play this game as one group with one balloon.

Instead of using beach towels, direct the kids to use their hands to tap the balloon up to keep it afloat.

If you have more time . . .

Once kids are comfortable with the game, make it more difficult by giving each group a second balloon to manage. Play more than one round of the game and encourage kids to rotate to different teams so everyone has a chance to play together on a team.